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CLINICAL GUIDE TO SPORTS INJURIES

*An illustrated
guide to the
management
of injuries in
physical activity*

Roald Bahr • Sverre Maehlum
Editors

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Coming in August 2003!

Superbly illustrated with more than 400 full-color illustrations and 120 photos, *Clinical Guide to Sports Injuries* is an outstanding guide to the diagnosis, treatment, and rehabilitation of sports injuries. See and learn how to evaluate and treat a wide range of sports injuries and to handle each step in the injury management process. You'll also learn how to prescribe rehabilitation exercises to your patients.

With its color photos, superb medical illustrations created by Tommy Bolic, and useful X rays, *Clinical Guide to Sports Injuries* clearly presents various injury types, injury mechanisms, and treatment methods. And as a bonus, all these visual materials are included on the accompanying CD-ROM for use in lectures and presentations.

Internationally recognized sports medicine specialists Roald Bahr, MD, PhD, and Sverre Mæhlum, MD, PhD, use a problem-oriented approach to focus on the management of acute and chronic injuries, whether they occur during competition, exercise, recreation, or other forms of physical activity. The editors

logically guide you through the injury management process, beginning with the problem presented by the patient, followed by the diagnoses and treatment options.

Clinical Guide to Sports Injuries has the following features:

- New medical illustrations and rehabilitation exercise drawings
- A CD-ROM containing outstanding artwork from the book
- Illustrated exercises throughout the book

Clinical Guide to Sports Injuries is a well-organized, easy-to-understand, and richly illustrated text for general practitioners and sports medicine specialists—anyone who needs to know how to diagnose and treat sports injuries of all kinds.

Audiences: A text and reference for those practicing sports medicine, including sports medicine specialists, team physicians, athletic trainers, and sports physical therapists.

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About the Editors and Illustrator

Roald Bahr, MD, PhD, is a professor of sports medicine and chair of the Oslo Sports Trauma Research Center and the sports medicine department at the University of Sport and Physical Education in Oslo, Norway. He's also a consulting physician at the National Sports Center, he serves as a team physician for the Norway national volleyball and golf teams, and he's secretary of the Medical Commission of the International Volleyball Federation.

Sverre Mæhlum, MD, PhD, is currently the medical director of Pfizer Norway. He has served as chief medical officer for the Norwegian Olympic team at six Olympic Games and worked as a professor of sports medicine at the University of Sport and Physical Education for 10 years. His work is widely published in the field of exercise physiology and sports medicine.

Tommy Bolic, medical illustrator, has sport experience as both a top athlete and coach and has more than 10 years of experience teaching on the topic of sports injuries. He has been a medical illustrator for over 30 years, and his work includes *Sports Injuries: Their Prevention and Treatment*, by Peterson and Renström. This work has been translated into 10 languages and is one of the best-selling books on the topic.

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